



Stanley Dowell

January 29, 2018

Stan L. Dowell passed away January 29th, 2018 at his residence in Foley, Alabama. He was born in Williams, California on January 23rd, 1930, and raised in Woodland, California where he graduated from Woodland High School. He served in the army during the Korean war at Schofield Barracks in Oahu, Hawaii. He graduated from San Jose State University with a Commercial Art degree and a minor in Physical Education. He met his wife Dorothy Plumbe of Santa Cruz, California at San Jose State University and they married in 1960. They celebrated their 58th wedding anniversary before his passing.

Stan contributed thirty years of his life teaching in the San Jose East Side Unified School district. He taught art in his early career, and later focused on Physical Education and his passion, coaching track and field. He was awarded California High School Coach of the Year and runner-up for National High School Coach of the Year. He retired from teaching in 1989, yet continued to coach, coaching Saudi Arabia's National track team and traveling the world. Stan finished his coaching career at the University of Southern Alabama. He continued to paint and draw and show his art throughout his life.

His passion for life, track, and art touched many lives and he mentored students to art awards and track scholarships. He produced two olympic gold medalists who have been lifetime friends: Lee Evans in the Mexico 1968

Games and Andre Phillips in the Seoul 1988 Games. Some of Stan's slogans, "There's no such thing as luck, only hard work!" and "Conditioning breeds Confidence!"

He is survived by his wife Dorothy Dowell and their four children Stan R. Dowell, Shawn Ebert, Karen Keller, and Kristen Dowell.

A memorial is being held to celebrate his life in San Jose History Park at the Empire Firehouse located at 635 Phelan Avenue in San Jose, California on Saturday, March 10th from 1:00 pm to 3:00 pm.

Arrangement entrusted to Cason Funeral Service Foley Al

Tribute Wall

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“ *1 file added to the album Stan L. Dowell*



Kristen Dowell - February 11, 2018 at 01:05 PM

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“ *So sorry to hear of his passing. So many memories of growing up with the dowells*

diane belanger - February 02, 2018 at 09:08 PM