



Amy Pounds

March 27, 2026

Amy Pounds, 51, of Irvington, Alabama, passed away on March 27, 2026, after a courageous battle with Gallbladder cancer.

Amy was diagnosed in September 2025 and faced her illness with unwavering strength and determination. She never allowed cancer to diminish her spirit, remaining positive, hopeful, and fiercely determined throughout her journey. Her mental and physical strength were truly remarkable, and she put up a fight that words can hardly capture.

She was a woman whose presence filled every room. She was strong, outspoken, and full of life, yet carried a softness that made her truly special. Her love knew no limits and her kindness touched everyone she met. With a heart that cared deeply, she made it a point to check on loved ones, and be a listening ear all while carrying her own burdens. She always had guidance to offer, and unwavering support. Her humor, her sacrifices, and her beautiful smile will forever leave an indentation in our hearts. Her greatest pride was being a wife, and mother to her children. She described being a mother as “the greatest joy of my life” she loved her family so deeply and fiercely. She

would walk through fire for them without hesitation.

She is survived by her husband of 29 years, Weldon Foust; her children, Madeline Wilson (Steven), Caleb Foust (Emily), Trenton Foust, Darolyn Foust, and Gunnar Foust; her parents, Thomas and Loretta Pounds; her siblings, Teresa, Tony (Stephanie), Katie (Rick), and TL (Andrea); her nieces and nephews, Ayla, Liam, Kyle, Ellie, Emiliana, Mila, Jett, and Meyer; her mother-in-law, Barbara Foust; and her brothers-in-law, Warren Foust (Stacey) and William Foust (Tara). Great aunt; Lisa Siano (Tony)

She was preceded in death by Willy Joe Foust.

Until we meet again, you will always be our greatest love and our strongest peace.

Funeral Arrangements are as follows:

When: Friday, April 3rd 2026 at 11:30am

Where: Spanish Fort Church of Christ

Address: 8100 Spanish Fort Blvd, Spanish Fort, 36527

All friends and family are welcome to join us in celebrating the life of Amy, and honoring her memory.

Arrangements are entrusted to Cason Funeral Service in Foley Al

Tribute Wall



“ *Dreams From the Heart Bouquet was purchased for the family of Amy Pounds.*



April 02 at 07:22 AM



“ *Beautiful in Blue was purchased for the family of Amy Pounds.*



April 01 at 03:07 PM



“ *A [Memorial Tree](/store/Product.aspx?ProductId=4518) was planted in honor of Amy Pounds.*

March 31 at 11:21 AM



“ *Full Of Love Bouquet was purchased for the family of Amy Pounds.*



March 31 at 11:21 AM

TD

“ I had the pleasure of knowing Mrs. Foust as Gunnar’s first grade teacher. She had a beautiful, loving and kind spirit about herself even during her illness. Mrs. Foust ALWAYS had a beautiful smile on her face! Always!
When she picked Gunnar up from the carline his face and her face lit up like the Fourth of July fireworks.
Mrs. Foust always used positive, warm and nurturing words wholeheartedly to her “Gunny!” Please know that your family are in my thoughts and prayers. Cherish all of your beautiful memories of Mrs. Foust. 💕💕💕

Tara Dubose - March 31 at 10:58 AM



“ Medium Dish Garden was purchased for the family of Amy Pounds.



March 31 at 09:13 AM

TB

“ Amy the best friend, that I could've ever asked for, not only a friend, but a soul sister! Amy was extremely rare and I'll never take that for granted. She would light up a room every time she enter, with her radiant smile and genuine laughter which was extremely contagious.

I will always admired her sharp, quick-witted, brilliant mind and her heart of gold!

I will forever miss our side by side and long distance conversation (that seemed to last hours upon hours.)

All the amazing trips to the beach, I will forever cherish, especially the one to the Virgin Islands (the ocean was without a doubt her happy place!) She is truly a blend of grace, intelligence, and compassion. Her family was most definitely her greatest pride. My heart aches with them during this extremely difficult time!

Peace and comfort is my prayer for all who knew her!

Tracy Bonner - March 31 at 05:59 AM

MF

“ MFM work family purchased the Rainbow Of Reembrance Spray for the family of Amy Pounds.



MFM work family - March 30 at 03:00 PM