



Alba Conley

November 3, 2022

Alba L. Conley, 88, of Gulf Shores, Ala. passed away November 3, 2022 after being hospitalized with heart complications. Alba was born in Anori, Colombia a small mountain town northeast of Medellin, Colombia on May 21, 1934.

Alba immigrated to the United States in the early 1960s and resided in Washington D.C. where she graduated from a local Beauty and Cosmetology Academy. Shortly after, Alba met John W. Conley, Jr of Dover, Del and were married in 1967. This upcoming December would have marked 55 years of married bliss.

Alba is survived by her husband, John W. Conley, of Gulf Shores, Ala; a daughter, Christina L. Conley of Fairbanks, Ak; a son, Travis W. Conley and his wife, Deborah, of Palm City, Fla.; five grandchildren and numerous nephews and nieces.

Alba led a remarkable storied life. Prior to immigrating to the United States, Alba was a track and field athlete for her home country of Colombia. Representing her country, Alba competed in the Simon Bolivar Track and Field Games of 1961 (similar to the Pan-American Games) where she won a Gold Medal in the Javelin. Her country's national newspaper front page read, "Gold for Colombia! Alba Lopez wins in Javelin" Alba went on to win numerous other medals in various track and field events prior to immigrating.

After marrying John in 1967, Alba resided in Dover, Del, where she was a Beautician for nearly 20 years. In 1980, Alba proudly became a United States Citizen. In 1987, Alba moved with her family to Fenwick Island, Del. where she was a homemaker and beautician until retiring in 1997. Shortly after, Alba moved briefly to Palm Bay, Fla before finally making Gulf Shores, Ala her residence in June 2005.

Besides being a loving mother and wife, Alba enjoyed going to the beach, fishing, crabbing, gardening, crocheting and being highly competitive when playing games. But most of all she enjoyed spending time with her life long love and husband, John.

Alba requested to be cremated and her ashes will be taken to South Florida where family has chosen to have a small private ceremony where her life will be remembered and honored.

Tribute Wall

BC

“Alba was my hairdresser for about 15 years(helped me through the trauma of cutting it very short to be a state trooper) and I simply loved her. After she retired we lost touch but I think of her often and found this obit today. She was so beautiful and unique and feisty. A joy to be around. She surely earned a peaceful rest but her passing is such a loss to her family and friends. Always in my heart, Barbara Conley Retired Captain, Delaware State Police

Barbara Conley - March 04 at 11:25 PM

TN

“Sincere condolences to the entire Conley family. So many happy experiences and memories. Truly one classy lady. Our thoughts are with you.
Tuffy and Nancy

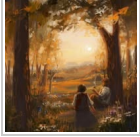
Tuffy and Nancy - November 12, 2022 at 08:33 AM

DH

“Dean H. purchased a sympathy card for the family of Alba Conley.



Dean H. - November 11, 2022 at 07:30 AM



“ I don't remember if it was Thanksgiving or Christmas but Aunt Alba was carving up the turkey and someone said something about the large knife she was using, she laughed and said you should have seen the big ones I used in Columbia and she held her little hands up showing us how big... it was a good size to me LOL , funny I always remember her doing the carving at the family meals, and the game of Yahtzee after meal clean up. She always seemed to roll a good dice. ...Love ya and will miss you

Michele Lynd - November 09, 2022 at 09:19 PM



“ I was very good friends with Alba's son Travis in high school. One of my fondest memories was of the amazing food she would prepare. My favorite was the arepas. God bless you Mrs. Conley.

Randy Gross - November 09, 2022 at 06:54 PM